clinical handbook of marital therapy

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definitions of domestic violence. Since 1997 the authors have conducted Domestic Violence Focused Couples Therapy, clinically testing, coding, and refining their program. The authors outline their assessment and screening process and share case illustrations to demonstrate when conjoint treatment can be a safe and viable option. The book offers an overview of the best practices for therapists and those in training. Using the Engagement Defined and Treatment of Inpatient & Homeless Populations volume, the authors describe how to work with these populations in therapy. The handbook helps clinicians to understand what is known to be effective for these populations and how to adapt interventions to meet their specific needs. The fifth edition of Doing Marital Therapy recently published by Dr. John Mordechai Gottman, presents a complete marital therapy model. This volume contains new research findings, updated case studies, and expanded coverage of key topics in marital therapy. The fourth edition of Helping Couples Get Past the Affair, authored by Dr. Martha Johnson, presents a comprehensive guide to helping couples navigate the complexities of infidelity. The book provides therapists with a framework for understanding the dynamics of infidelity, strategies for addressing it, and tools for facilitating healing and growth. The fourth edition of Emotionally Focused Couple Therapy: A Therapist's Guide to Creating Acceptance and Change, by Dr. John Mordechai Gottman, offers a detailed guide to the principles and practices of Emotionally Focused Couple Therapy (EFT). The book provides therapists with a practical approach to working with couples experiencing relational difficulties, focusing on emotional resilience and the importance of creating a safe, secure environment for healing and growth. The third edition of A Roadmap for Couple Therapy, by Dr. John Mordechai Gottman, offers a comprehensive overview of the best practices for couples therapists, including case studies, practical strategies, and tools for developing effective therapeutic relationships. The book provides a framework for understanding the complexities of couple therapy and offers practical guidance for therapists working with couples. The third edition of The Heart of Couple Therapy, by Dr. John Mordechai Gottman, presents a compelling and practical approach to couple therapy that combines research, theory, and clinical experience. The book offers a new perspective on the nature of couple therapy and provides therapists with a framework for understanding the complexities of couple therapy and offering practical guidance for therapists working with couples. The third edition of Integrative Behavioral Couple Therapy: A Therapist's Guide to Creating Acceptance and Change, by Dr. John Mordechai Gottman, offers a comprehensive overview of the best practices for couples therapists, including case studies, practical strategies, and tools for developing effective therapeutic relationships. The book provides a framework for understanding the complexities of couple therapy and offers practical guidance for therapists working with couples.
Research for the Psychotherapist: From Science to Clinical Utility

Jay Lebow

2013-03-21

While empirical, scientific research has much to offer to the practice-oriented therapist in training, it is often difficult to effectively engage the trainee, beginning practitioner, or graduate student in a subject area that can often glaze over the eyes of a reader focused on practical work. Most books about psychotherapy focus either on the process of gathering, analyzing, presenting, and discussing research results, or on conducting clinical work. What most of these texts lack is an engaging, accessible guide on how to incorporate research into practice. Research for the Psychotherapist: From Science to Clinical Utility fills that niche with an approach that bridges the gap between research and practice, presenting concise chapters that distill research findings and clearly apply them to practical issues. Jay Lebow is an accomplished practitioner and researcher in the fields of marriage and family therapy and integrative psychotherapy. In this book, he offers a focused volume that covers a range of topics. This volume should appeal to psychotherapists and students looking for an accessible, jargon-free guide on how to incorporate research into practice. Research for the Psychotherapist: From Science to Clinical Utility presents an empirically supported approach for treating people with substance abuse problems and their spouses or domestic partners. Behavioral couples therapy (BCT) explicitly focuses on both substance use and relationship issues, and is readily compatible with 12-step approaches. Provided are all the materials needed to introduce BCT, implement a recovery contract to support abstinence, and help clients increase positive activities, improve communication, and reduce relapse risks; and deal with special treatment challenges. Appendices include a session-by-session treatment manual and 70 reproducible checklists, forms, and client education posters. The large-size format and lay-flat binding facilitate photocopying and enhance the book’s clinical utility.

Behavioral Couples Therapy for Alcoholism and Drug Abuse

Timothy J. O’Farrell

2012-03-12

This eminently practical guide presents an empirically supported approach for treating people with substance abuse problems and their spouses or domestic partners. Behavioral couples therapy (BCT) explicitly focuses on both substance use and relationship issues, and is readily compatible with 12-step approaches. Provided are all the materials needed to introduce BCT, implement a recovery contract to support abstinence, work with clients to increase positive activities, improve communication, and reduce relapse risks; and deal with special treatment challenges. Appendices include a session-by-session treatment manual and 70 reproducible checklists, forms, and client education posters. The large-size format and lay-flat binding facilitate photocopying and enhance the book’s clinical utility.

Cognitive Behavioral Therapy and Clinical Applications

Ömer Şenormancı

2018-03-28

The main purpose of this book is to be useful in daily practice to clinicians, including less-discussed subjects that are frequently encountered in practice. For this, it was aimed to explain the formulation of the disorder in light of the basic CBT model in each chapter and then to present the treatment approach of the disorder with case examples. We believe that the case examples, which came from the authors’ own practices, are the strength of the book.